

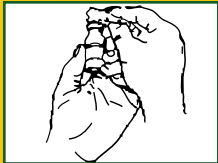
PENILE INJECTION THERAPY DIAGRAMS

Preparing and Injecting the Medication

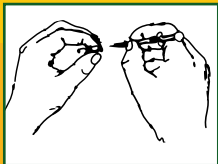
It is vital to inject the proper dose into the penis. Always start at the very lowest dose (0.1cc) unless otherwise instructed by your doctor. Wash your hands thoroughly and dry them with a clean towel.



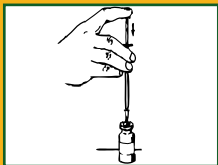
1. Hold the medication bottle so that your fingers do not touch the rubber stopper through which the needle is inserted. Check expiration date of medication.



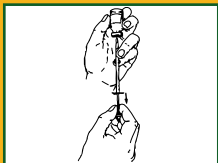
2. Wipe off the top of the vial with an alcohol swab.



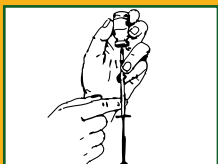
3. Remove the needle cover. Do not allow the needle to touch anything prior to drawing the medication or before injecting the medication.



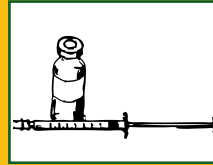
4. Draw an amount of air equal to the amount of medication to be injected into the syringe. Push the needle through the center of the stopper. Push the air into the bottle.



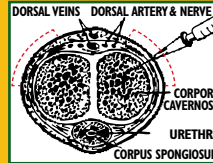
5. Turn the bottle and syringe upside down. Slowly draw the medication into the syringe. Tap the syringe gently to remove any possible air bubbles.



6. Move the plunger in and out several times while tapping the syringe, thus removing all air bubbles.



7. Gently remove the needle from the vial and place the filled syringe within easy reach prior to injection.



8. Use injection site as illustrated. This area is designated on the drawing with crosshatch marks (between 9 and 11 o'clock and 1 and 3 o'clock).



9. Locate the area of injection. Wipe off area with an alcohol swab. Grasp the entire head of the penis. Position the penis along your inner thigh. Maintain grip on the head after cleaning the side of the penis.



10. Grasp the syringe between the thumb and middle finger like a pen. Place the needle on the site of injection at a 90° angle. Push the needle in, gently but firmly.



11. Shift your finger so that your index finger or your thumb can push in the plunger. Push the medication in slowly - over 8-10 seconds.



12. Remove the needle. Apply pressure with your index finger on the injection site and your thumb on the opposite side of the penis. Apply pressure for 2 minutes. Gently massage the shaft of the penis and (do not lie down) keep yourself upright for 10-15 minutes.

At University Specialty Urologicals we also supply automatic-self injectors. Ask us about it today!