



## **Intraurethral Gel – Medication Information (Page 1 of 2)**

This medication contains Alprostadil (PGE1), Phentolamine Mesylate, and Lidocaine HCl which is prescribed as a therapy for erectile dysfunction.

### **When to Use**

Your intraurethral gel should not be used more than once every 24 hours for sexual activity or for rehabilitation purposes. Always follow the directions from your prescriber.

### **Dosing**

Your dose is based on your physician's order and is usually expressed in a range. Instructions are printed on the prescription label.

It is recommended to start with a low dose and titrate upwards on subsequent uses to get the effect you desire. This approach will minimize the likelihood of side effects while searching for an effective dose. Many men practice alone with the gel to find the right dose and assess tolerability before involving their partner.

### **Storing Your Medication**

Always store your intraurethral gel in the refrigerator.

Do not use medication after it has expired.

### **Caution**

A burning or aching sensation is a known adverse reaction and will resolve on its own.

Do not use intraurethral gel for sexual intercourse with a woman who is pregnant or may become pregnant unless using a condom barrier to prevent exposure to the medication.

Do not exceed the prescribed dose of medication. Overuse may cause a prolonged erection known as priapism. Prolonged erections may cause penile damage and permanent, irreversible erectile dysfunction. If you experience an erection lasting longer than four hours, seek immediate attention at a medical facility.

Do not take Viagra, Levitra, Staxyn, or Cialis within 24 hours of using intraurethral gel unless instructed to do so by your physician.

If you experience persistent discomfort, swelling, or fever, please contact your doctor as soon as possible.

**See next page for instructions for use**

## Intraurethral Gel - Instructions for Use (Page 2 of 2)

Contact one of our consulting Pharmacist for more instructions or if your are not experiencing results.

### Step 1 - Load the syringe

- Remove the cap at the top of the Uro-Click device containing the gel.
- Unwrap the 1ml syringe and place in the tip of the syringe into the tip of the Uro-Click device containing the gel
- Draw up the prescribed dose of gel into the syringe by pulling back the plunger of the syringe. (Note: The clicker at the bottom of the device is no longer needed)
- Be sure to use one new syringe with each application



Step 1

### Step 2 – Insert medication into urethra

- Pull your penis upward to stretch it out and prepare for insertion of the gel.
- Insert the tip of the syringe into the urethra. The syringe tip should be inserted into the opening of the penis.
- Insert the contents of the syringe 1/2 inch into the urethra and hold the syringe in place



Step 2

### Step 3 – Remove syringe and squeeze tip of penis

- Remove the syringe and squeeze or cover the tip of the penis to prevent the gel from escaping. Do not lay down.



Step 3

### Step 4 – Massage area

- While keeping the urethral opening closed or covered, use your other hand to gently squeeze and release the penis shaft for 2-3 minutes. This will help spread the medication and encourage absorption into the erectile tissue. If you feel a burning sensation, continue massaging the penis for another 30-60 seconds.
- Blood flow should increase to the penis within 5-10 minutes.
- Discard the used syringe. Do not reuse the applicator syringe.



Step 4

**Note:** If you do not experience results from this dose, wait 24 hours before you reattempt. Do not reinsert more gel and do not use an intracavernous injection on the same day without consulting your physician.

Please note: Compounded prescriptions are made especially for you and cannot be returned.

You have the right to a consultation by a pharmacist. To speak to a pharmacist about your medication call  
**(800) 985-8065**

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